



BUENA VISTA SOFTBALL CAMPS

"Champions are made in the offseason."

Youth Camps Grades 3-7

Youth camps are an all-around fundamental camp intended for youth looking to learn the basics about the game defensively and offensively. We will instruct areas in throwing mechanics, proper footwork, angles, range, and glove work for both infield and outfield positions; and offensively gaining basic knowledge in hitting technique and mechanics.

Youth pitching camps are intended for youth looking to learn the basic fundamentals of pitching regarding body movements, mechanics, strength, accuracy, and velocity. Each pitcher will learn drills specifically designed for their age/ability level.

Elite Beaver Camps Grades 8-12

The Elite Beaver Camp is for prospects that will be a total skills camp involving all areas of the game. The skill instructions include; Outfield defense: proper angles, fielding, footwork, throwing, positioning and catching. Infield defense: proper fielding techniques, footwork, glove work, transfers, throwing, positioning and strategy. Hitting: mechanics and technique regarding leg drive, hand path, barrel path, contact points, power, vision training and mental approach. Pitching: basic mechanics with leg drive, power line, body awareness and snaps/spins. Catching: basic mechanics with receiving, framing, blocking, throw downs and battery relationship.

Fundamental Camps Grades (various)

Hitting, defensive, and pitching fundamental clinics are intended for youth looking to gain basic knowledge in technique, mechanics, body awareness, and approach in each respective area of the game. All aspects of the offensive part of the game will be covered in respects to hitting, bunting, and mental approach.

Defensively, participants will learn proper throwing mechanics, footwork, angles, range, and glove work for both infield and outfield positions. Pitchers will gain knowledge on the basic fundamentals regarding body movements, mechanics, strength, accuracy, and velocity. Each pitcher will learn drills specifically designed for their age/ability level.

What to bring: Participants must bring their own gloves, bats, helmets AND catchers (for pitching camps). Wear tennis shoes or turf shoes, no cleats.

Location: All camps/clinics will be hosted in the Rec Center on BVU campus or Softball field weather pending

**PLEASE CHECK OUR WEBSITE FOR CURRENT CAMPS
OPEN FOR REGISTRATION**

www.bvusoftballcamps.com

Name: _____

E-mail: _____

Home Address: _____

City, State, Zip: _____

Phone: _____

Age: _____

Graduation Year: _____

Position(s): _____

School: _____

Club Team: _____

Emergency Contact Name: _____

Phone: _____ Relationship: _____

We would like to register for the following camp(s):

Camp Name(s) & Date(s): _____

***Total Amount Enclosed:** _____

Event Waiver: I, a participant in the Buena Vista Softball Camp have a full understanding of the risks involved and to the maximum extent permitted by law, release, hold harmless and agree to indemnify Buena Vista University and its officers, directors, faculty, staff, representatives, employees, agents, and others associated with the special event from and against any present or future claim, loss, or liability for injury to person or property which may suffer or for which I may be liable to any other person related to my participation in the Buena Vista Softball Camp, resulting from any cause, including but not limited to ordinary or gross negligence.

I HAVE READ THIS CAREFULLY AND KNOW IT CONTAINS A WAIVER & RELEASE OF LIABILITY.

Refund Policy: 100% refunds for all BVU cancelled Softball camps (due to weather or unforeseen circumstances). 50% refund for cancellations on the registrants behalf up until 48 hours prior to camp, then no refunds thereafter.

Participant's Signature _____

Parent's or Guardian's Signature _____

**Make checks payable to BVU Softball. Please send this form and your payment to BVU Softball: 610 W. 4th Street - Storm Lake, IA 50588*